



Mark Fraser-Grant

**EXECUTIVE COACH | HIGH-PERFORMANCE
TEAM COACH & MENTOR | TRANSFORMATIONAL
RETREAT FACILITATOR**

*Helping leaders reconnect with
purpose, clarity, and conscious
performance.*

CERTIFICATIONS & ACCREDITATIONS

- Certified Consciousness Coach® – Consciousness Coaching® Academy
- ACTP Diploma – Consciousness Coaching (2006)
- ACTP Diploma – STAR Leadership (2020)
- Trainer & Mentor of Professional Coaches

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ABOUT ME

Mark Fraser-Grant is an Executive Coach, High-Performance Team Coach & Mentor, and Transformational Retreat Facilitator with over 10,000 hours of coaching, facilitation, and training experience. He brings more than 20 years of expertise working with senior leaders, teams, and coaches across industries including financial services, FMCG, energy, government, and professional services.

As the founder of Africa's first licensed ICF ACTP coaching academy, Mark has played a pivotal role in shaping the coaching industry both locally and abroad. He has trained and mentored over 375 coaches to qualification and supported 37 professional trainers through accreditation.

Mark is known for his powerful presence, sense of humour, and his ability to facilitate deep, meaningful transformation in individuals and systems. His work spans executive coaching, team alignment, leadership development, and international retreats that expand self-awareness and connection.

MY VISION & LEADERSHIP PHILOSOPHY

I believe leadership is not about power or performance—it's about presence, truth, and conscious impact. My vision is to support individuals and organisations to operate with more integrity, awareness, and alignment—reducing the noise, drama, and distraction that often hinder real performance and human connection.

I work with leaders who are ready to shift how they show up, connect more meaningfully, and lead cultures where collaboration, trust, and accountability flourish. Great leadership is grounded in self-awareness and the courage to serve something bigger than oneself.

MY APPROACH & WHAT SETS ME APART

My approach blends directness with empathy, structure with insight, and presence with action. Whether working with an executive, a team, or a group of coaches, I hold a space that challenges assumptions, invites reflection, and activates sustainable change.

I utilise proven methodologies including Consciousness Coaching®, emotional intelligence frameworks, and embodied leadership tools to help clients shift behaviour, improve relationships, and foster high-performance collaboration.

What sets me apart is my ability to simplify complexity—guiding clients through deep transformation without unnecessary fluff. I bring realness, humility, and rigour, which is why I've been trusted by leaders across sectors, from boardrooms to sports fields.

WHAT CLIENTS SAY

“One of the most powerful coaches and trainers in South Africa without a doubt! Effective, sincere and always standing in his power to empower others.”

“Mark helped me navigate many workplace and lifestyle challenges. I can highly recommend him and look forward to many more years of success with him by my side.”

“If you're looking for a coach who can bring you to the next level, Mark is the one you need.”

“Mark allows space for people to step into a new possibility of their existence. He has one of the most fun-loving, open personalities I know.”

“We have used Mark many times as a business coach at Investec since 2009. He consistently delivers and I recommend him without hesitation.”

“His coaching and mentoring made the difference in our performance in both work and home. A remarkable positive difference.”

“He is excellent at bringing people together in harmony, and is an incredible mediator. A coaching genius.”

FINAL NOTE

If you're looking for a coaching partnership that blends clarity, depth, and practical transformation — I'd be honoured to walk alongside you or your team on the path to more conscious, impactful leadership.

MY EXPERTISE

- Executive & Leadership Coaching
- Team Alignment & High-Performance Collaboration
- Coach Training & Development
- Leadership Presence, Emotional Intelligence & Influence
- Retreat Design & Facilitation for Transformational Growth

WHAT YOU CAN EXPECT FROM COACHING WITH ME

- A clear, direct, and grounded coaching partnership
- The ability to see what's really going on—beyond surface issues
- Tools that are practical, powerful, and immediately applicable
- Support in developing your unique leadership voice and presence
- A space where performance, self-awareness, and authenticity converge



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